



Sophia's on Market

Phone: 717.975.3800 Fax: 717.975.2710

CORPORATE CATERING MENU

Catered Lunches

*Our business catered lunches are presented on disposable platters and include utensils.
Menus are based on a 15 person minimum and there is an additional per person service charge.*

Something Quick

\$8.50 pp

Your choice of two sandwiches from the cold sandwich list. Served with chips or deli salad.

The Basic

\$11.00 pp

Your choice of two types of sandwiches from the cold sandwich list, a green salad or deli salad and a house baked dessert.

The Next Step

\$11.50 pp

Your choice of three sandwiches from the cold sandwich list, your choice of two salads and a house baked dessert.

The Specialty

\$12.00 pp

Your choice of two types of sandwiches from the specialty or cold sandwich lists, a green salad or deli salad and a house baked dessert.

Boxed Lunches

*include utensils
charges apply for delivery*

\$10.50 pp

10 person minimum
Your choice of two sandwiches from the cold sandwich list or two entrée salads, deli salad of the day and cookies or brownies.

With fresh fruit

\$12.00 pp

Specialty Sandwiches

Hot Ham & Swiss on Baguette
Grilled Chicken Pesto on Focaccia
Grilled Vegetable on Focaccia
Turkey Pesto on Ciabatta
Sloppy Joes
Sesame Chicken Sandwich on Greek Sweet

(inquire about our daily specials)

Cold Sandwiches

Ham & Swiss on Club Roll
Turkey & Provolone on Club Roll
Turkey & Brie on Greek Sweet Roll
Marinated Roast Beef on Baguette
Roast Beef and Pepper Jack on Ciabatta
Chicken Salad on Greek Sweet Roll
Egg Salad on Olive Bread
Tuna Salad on Club Roll
Cranberry Pecan Chicken Wrap
Roast Beef Wrap
Vegetarian Wrap
Seafood Salad Wrap (+\$1.50 each)

Entrée Salads

Chef Salad
Greek Salad
Cranberry Chicken Salad on Spinach
Oriental Chicken Salad
Garden Salad with Tuna or Chicken Salad

Dressings

Balsamic Vinaigrette, House, Ranch,
Poppy Seed, Horseradish,
Thousand Island

Your Neighborhood Café & Bakery

The Shoppes of Hampden | 3700 Market St. | Camp Hill, PA 17011

sophiasonmarket.com

HOT LUNCH BUFFET

Grilled Salmon

Served with pommery mustard sauce.

\$13.25 pp

Lemon Herb Tilapia

Tender, moist tilapia topped with fresh lemon, garlic, and herbs.

\$13.25 pp

Chicken Marsala

Boneless chicken breast sautéed with mushrooms and flavorful marsla wine sauce.

Served with your choice of roasted red potatoes or garlic butter penne.

\$15.00 pp

Sesame Chicken

Sesame and breadcrumb crusted juicy boneless chicken breast baked and served with an apricot mustard sauce.

Served with you choice of pasta primavera or scallion rice.

\$15.00 pp

Herb Crusted Chicken

Herb and breadcrumb crusted succulent chicken baked and served with a roasted red pepper aioli.

Served with your choice of roasted red potatoes or vegetable rice pilaf.

\$15.00 pp

Mediterranean Chicken

Sautéed chicken with red bell peppers, red onions, mushrooms, zucchini, and yellow squash with a red wine marinara sauce.

\$15.00 pp

Meat Lasagna

Traditional, delectable meat lasagna with ground beef, pork, and veal layered with ricotta, parmesan, and mozzarella cheeses and homemade red sauce.

\$15.00 pp

Vegetable Lasagna

Fresh spinach, red peppers, mushrooms, zucchini, and eggplant layered with ricotta, parmesan, and mozzarella cheeses and homemade red sauce.

\$15.00 pp

Cheese Ravioli

Served with our traditional, flavorful red sauce.

\$13.00 pp

With meatballs

Add our homemade meatballs in our traditional red sauce.

\$15.00 pp

Chicken Parmesan

Hand breaded, pan-fried & mouth-watering boneless chicken breast topped with provolone cheese and homemade red sauce.

Served with penne pasta.

\$15.00 pp

Tournedos Madeira

Grilled, succulent tenderloin medallions finished in a rich mushroom madeira wine sauce.

\$15.00 pp

Portabella and Gorgonzola Meatloaf

Home-made meatloaf with a twist of roasted portabella mushrooms crumbled gorgonzola cheese and fresh basil.

Served with vegetable medley and your choice of mashed potatoes or roasted red potatoes with beef gravy.

\$15.00 pp

Steak Pizziola

Tenderloin sautéed with peppers onions and mushrooms finished with a Sherry Red Sauce served with Pasta

\$15.00 pp

Sloppy Joe or Turkey Joe Sandwiches

Beef or turkey robust BBQ served with our homemade club rolls.

\$12.00 pp

Sausage and Peppers over Gnocchi

Sweet Italian sausage, red and green peppers in a homemade sauce over gnocchi.

\$15.00 pp

All of the above menus are served with salad, rolls, butter and dessert. Tax and service charge not included.

OTHER CHOICES AND ADD-ONS

Salads

add a salad for \$2.00 pp

Tossed Salad

with your choice of dressing

Caesar Salad*

with homemade croutons

Oriental Salad

Homemade Soup & Breadstick

\$3.25 pp (sub for salad for \$1.50 pp)

Chicken Pastina or Soup du Jour

Deli Salads

add a deli salad for \$2.00 pp

Cole Slaw,

Asian Salad,

Greek Salad,

Potato Salad,

Macaroni Salad,

Pasta Shell

Desserts

Please inquire about our daily house baked selections

Fresh Seasonal Fruit

\$2.00 pp

Beverages

\$1.50 pp

Coke, Diet Coke, Sprite, Bottled Water

Juices

\$1.50 pp

Orange, Apple, Cranberry

Chips

\$1.00 pp

*The FDA advises consuming raw or undercooked meats, poultry, seafood or eggs increases your risk of foodborne illness.